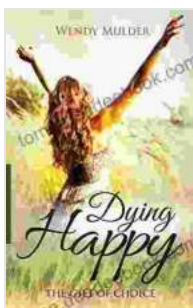


Dying Happy: The Gift of Choice

The end of life is a difficult time for everyone involved. But it can be made easier with the gift of choice. By giving your loved ones the opportunity to make decisions about their own care, you can help them to die with dignity and peace.



Dying Happy: The Gift Of Choice by Wendy Mulder

★★★★★ 5 out of 5

Language	: English
File size	: 835 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 64 pages
Lending	: Enabled
Screen Reader	: Supported



There are many different ways to give your loved ones the gift of choice. You can talk to them about their wishes for end-of-life care. You can help them to create an advance directive. Or you can simply listen to their concerns and support their decisions.

No matter how you choose to do it, giving your loved ones the gift of choice is a precious gift. It is a gift that will help them to die with dignity and peace.

The Benefits of Giving Your Loved Ones the Gift of Choice

There are many benefits to giving your loved ones the gift of choice. These benefits include:

- **It helps them to feel in control.** When people are facing the end of their lives, they often feel like they are losing control over their lives. Giving them the opportunity to make choices about their own care can help them to feel more in control.
- **It helps them to make decisions that are in line with their values.** When people are able to make choices about their own care, they can make decisions that are in line with their values and beliefs.
- **It helps them to die with dignity.** When people are able to make choices about their own care, they can die with dignity and peace.

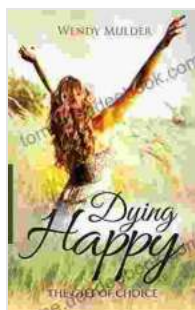
How to Give Your Loved Ones the Gift of Choice

There are many different ways to give your loved ones the gift of choice. Here are a few tips:

- **Talk to them about their wishes.** The first step is to talk to your loved ones about their wishes for end-of-life care. What kind of care do they want? What are their goals for the end of their lives? It is important to listen to their wishes and respect their decisions.
- **Help them to create an advance directive.** An advance directive is a legal document that allows people to state their wishes for end-of-life care. This document can be very helpful in ensuring that your loved ones' wishes are respected.
- **Be there for them.** Simply being there for your loved ones and listening to their concerns can make a big difference. Let them know

that you love them and that you are there to support them.

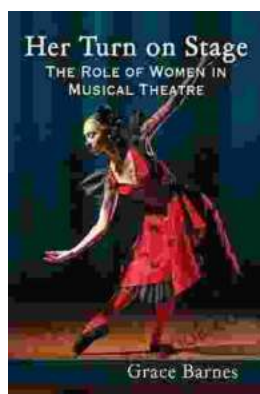
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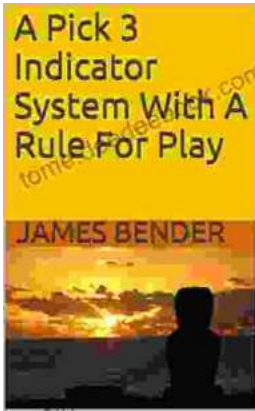
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