

# Know This Much Is True: A Harrowing and Heartbreaking Exploration of Family Trauma

Based on the acclaimed novel by Wally Lamb, *Know This Much Is True* is a powerful and deeply affecting limited series that delves into the complexities of family trauma. The series follows the interconnected lives of Thomas and Dominick Birdsey, twin brothers whose lives are marked by tragedy, mental illness, and a profound bond.

Mark Ruffalo gives an unforgettable performance as both Thomas and Dominick, capturing the nuances of their distinct personalities and the challenges they face. Thomas is a gentle and sensitive soul who struggles with paranoid schizophrenia, while Dominick is a volatile and troubled man who has spent time in prison. Despite their differences, the brothers share an unbreakable bond that is tested by the trials and tribulations they endure.



## I Know This Much Is True: A Novel (P.S.) by Wally Lamb

★★★★☆ 4.6 out of 5

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|----------------------|-------------|
| Language             | : English   |
| File size            | : 1985 KB   |
| Text-to-Speech       | : Enabled   |
| Screen Reader        | : Supported |
| Enhanced typesetting | : Enabled   |
| X-Ray                | : Enabled   |
| Word Wise            | : Enabled   |
| Print length         | : 912 pages |

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The series begins with Thomas being released from a psychiatric hospital after spending several years in treatment. He returns home to his mother's house, where he is greeted by Dominick and his estranged wife, Dessa (Melissa Leo). Thomas is determined to rebuild his life, but his past continues to haunt him. He is plagued by hallucinations and delusions, and he struggles to readjust to life outside the hospital.

Dominick, meanwhile, is struggling with his own demons. He is haunted by the death of his daughter, who was killed in a car accident several years ago. He is also struggling to come to terms with his own role in the tragedy. Dominick is a deeply flawed character, but he is also capable of great love and compassion.

As the series progresses, Thomas and Dominick's lives become increasingly intertwined. They learn more about each other's pasts and the traumas that have shaped them. They also come to understand the importance of family and the power of forgiveness.

*Know This Much Is True* is a harrowing and heartbreaking exploration of family trauma, but it is also a story of hope and redemption. The series is a powerful reminder that even in the darkest of times, we can find strength and solace in the love of our family.

## **Cast and Characters**

- Mark Ruffalo as Thomas and Dominick Birdsey
- Melissa Leo as Dessa
- Rosie O'Donnell as Dr. Patel
- Imogen Poots as Noelle

- Kathryn Hahn as Nadine
- Michael Greyeyes as Henry
- Julianne Nicholson as Lisa
- Kim Dickens as Tyrone

## **Production**

*Know This Much Is True* was developed for television by Derek Cianfrance, who also directed all six episodes of the limited series. The series was written by Cianfrance and Wally Lamb, who adapted his own novel for the screen.

The series was filmed on location in Maine and New York. The production design is meticulous, and the series captures the beauty and the harshness of the Maine landscape.

## **Critical Reception**

*Know This Much Is True* has received critical acclaim for its powerful performances, writing, and direction. The series has been praised for its unflinching exploration of family trauma and its nuanced portrayal of mental illness.

The series has been nominated for several awards, including four Primetime Emmy Awards and two Golden Globe Awards. Mark Ruffalo has won a Primetime Emmy Award for Outstanding Lead Actor in a Limited Series or Movie for his performance as Thomas and Dominick Birdsey.

*Know This Much Is True* is a powerful and moving limited series that will stay with you long after you've finished watching it. The series is a must-

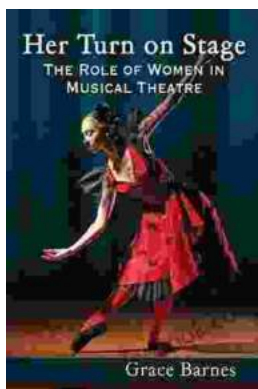
watch for anyone interested in family drama, mental illness, or the power of forgiveness.



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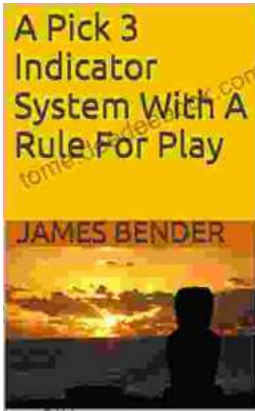
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